

**SATURDAY | 29 MARCH 2014 | CHENNAI**

## **INTERNATIONAL RECOGNITION FOR DR RAJAN RAVICHANDRAN**

The World Hypertension League (WHL) has selected Dr.Rajan Ravichandran for the 2014 WH for his Notable achievement in Dietary Salt Reduction Award. Dr.Rajan Ravichandran was selected amongst several highly respected nominees with noteworthy impact at the population level for dietary salt Reduction.

Dr.Rajan Ravichandran is the Director of MIOT Institute of Nephrology, MIOT Hospitals, Chennai. He is the Founder, Chairman of Sapiens Health Foundation through which he has been championing the cause for low salt intake. He has been campaigning all over the country for the last several years to reduce the salt in the Indian diet through booklets, website updates and have involved the media for this cause. He has undertaken several walkathons in the country apart from conducting awareness through public functions on health related issues.



**Doc awarded for campaign on reducing dietary salt:** The World Hypertension League (WHL) has selected Dr Rajan Ravichandran for the 2014 WHL notable achievement in dietary salt reduction. WHL is a division of International Society of Hypertension to promote detection, control and prevention of hypertension. Dr Ravichandran, director of MIOT Institute of Nephrology has been involved in the campaign to reduce dietary salt across the country.



## **WHL RECOGNITION FOR DR RAJAN RAVICHANDRAN**

The World Hypertension League (WHL) has selected Dr Rajan Ravichandran for the 2014 WHL Notable achievement in Dietary Salt Reduction Award. Dr Rajan Ravichandran is

the Director of MIOT Institute of Nephrology, MIOT Hospitals, Chennai, and is the Founder Chairman of Sapiens Health Foundation

**TUESDAY 25-3-2014**

## **International award for Dr Rajan Ravichandran**

Chennai, Mar 25:

The World Hypertension League (WHL) has selected Dr. Rajan Ravichandran for the 2014 WHL Notable achievement in Dietary Salt Reduction Award.

The WHL is a division of the International Society Of Hypertension and is in official relations with World Health Organisation WHO. The WHL is a Federation of Leagues, Societies and other national bodies to promote the detection, control and Prevention of Hypertension in population. Dr. Rajan Ravichandran was selected amongst several Highly respected nominees with noteworthy impact at the population level for dietary salt Reduction. Dr. Rajan Ravichandran is the Director of MIOT Institute of Nephrology, MIOT Hospitals, Chennai. He is the Founder, Chairman of Sapiens Health Foundation through which he has been Championing the cause for low salt intake. He has been campaigning all over the country for the last several years to reduce the salt in the Indian diet through booklets, website updates and have involved the media for this cause. He has undertaken several walkathons in the country apart from conducting awareness through public functions on health related issues.



# Int'l honour for Chennai doctor

**NT Bureau**

Chennai, Mar 29:

The World Hypertension League (WHL) has selected city-based nephrologist Dr Rajan Ravichandran for the 2014 WHL Notable achievement in Dietary Salt Reduction Award.

The WHL is a division of the International Society of Hypertension and is in official relations with World Health Organisation WHO. The WHL is a Federation of Leagues, Societies and other national bodies to promote the detection, control and Prevention of Hypertension in population.

A press note said Ravichandran was selected amongst several Highly respected nominees with noteworthy impact at the population level for dietary salt reduction.



*Dr Rajan Ravichandran*

Ravichandran is the Director of MIOT Institute of Nephrology, MIOT Hospitals, Chennai. He is the Founder, Chairman of Sapiens Health Foundation through which he has been championing the cause for low salt intake. He has been campaigning all over the country for the last several years to reduce the salt in the Indian diet through booklets, website updates and have involved the media for this cause.

He has undertaken several walkathons in the country apart from conducting awareness through public functions on health related issues.

चेन्नई, गुरुवार 27 मार्च 2014

# डॉ. रविचंद्रन को मिलेगा प्रतिष्ठित पुरस्कार

**चेन्नई।** विश्व उच्च रक्तचाप लीग (डब्ल्यूएचएल) ने इस समस्या के निदान के लिए भोजन में नमक की मात्रा घटाने का तरीका तलाशने वाले डॉ. राजन रविचंद्रन को वर्ष 2014 के उल्लेखनीय उपलब्धि पुरस्कार से नवाजने का निर्णय लिया है। डब्ल्यूएचएल इंटरनेशनल सोसाइटी ऑफ हाइपरटेंशन की इकाई



है। यह विश्व स्वास्थ्य संगठन (डब्ल्यूएचओ) से भी आधिकारिक तौर संबद्ध है। यह कई देशों में उच्च रक्तचाप की समस्या पर काम करनेवाले संगठनों के संघों, लीग, सोसाइटी और अन्य राष्ट्रीय निकायों का महासंघ है।

डब्ल्यूएचएल ने बुधवार को यहां जारी एक विज्ञप्ति में डॉ. रविचंद्रन को अति प्रतिष्ठित पुरस्कार के लिए चुने जाने की घोषणा की है। यह पुरस्कार शोधकर्ताओं के ऐसे काम को दिया जाता है, जिनका पूरे समाज पर काफी महत्वपूर्ण और व्यापक असर पड़ता है। इस वर्ष भोजन में नमक की मात्रा घटाने के लिए काम करनेवाले डॉ. रविचंद्रन एमआईओटी अस्पताल समूह के नेफ्रोलॉजी विभाग के निदेशक हैं। वह सैपियन्स हेल्थ फाउंडेशन के संस्थापक अध्यक्ष भी हैं। यह संस्थान लोगों में कम मात्रा में नमक लेने की जरूरत के बारे में जागरूकता लाने के लिए काम करता है। इस सिलसिले में वह पिछले कई वर्षों से पूरे देश का दौरा करते रहे हैं। वह पुस्तिकाओं, वेबसाइट्स और अन्य माध्यमों से अधिक नमक वाले भोजन से स्वास्थ्य को होनेवाले भारी नुकसान के बारे में लोगों को जागरूक करते रहे हैं। इनके साथ ही उन्होंने इस बारे में लोगों को अधिक जागरूक करने के लिए कई वॉकेथन भी आयोजित कर चुके हैं।

चेन्नई . शनिवार . 29.03.2014

## डा.रविचंद्रन को अवार्ड

चेन्नई. वर्ल्ड हाइपरटेंशन लीग (डब्ल्यूएचएल) ने 2014 के लिए डा.राजन रविचंद्रन को आहार में नमक की कमी के क्षेत्र में उल्लेखनीय उपलब्धि के लिए पुरस्कृत करने के लिए चुना है। डब्ल्यूएचएल इंटरनेशनल सोसायटी आफ हाइपरटेंशन का डिवीजन है। यह लीग जनसंख्या में हाइपरटेंशन की पहचान, नियंत्रण तथा रोकथाम को बढ़ावा देती है। डा.राजन मियोट इंस्टीट्यूट आफ नेफ्रोलॉजी के निदेशक हैं।



ఆంధ్రజ్యోతి

An dhra Jyothi

గురువారం, 27 మార్చి 2014



## నగర వైద్యుడు రాజన్ రవిచంద్రన్ కు అంతర్జాతీయ గుర్తింపు

ఆంధ్రజ్యోతి, చెన్నై: ప్రపంచ హైపర్ టెన్షన్ లీగ్ (డబ్ల్యూహెచ్ఎల్) 2014 సంవత్సరానికి అందజేసే ప్రతిష్టాత్మక అవార్డుకు నగరానికి చెందిన సీనియర్ వైద్యుడు డాక్టర్ రాజన్ రవిచంద్రన్ ఎంపికయ్యారు. అంతర్జాతీయ హైపర్ టెన్షన్ సొసైటీలో భాగమైన డబ్ల్యూహెచ్ఎల్ ఏటా ఈ అవార్డును అందజేస్తుంది. ప్రపంచ వ్యాప్తంగా ప్రజలలో హైపర్ టెన్షన్ (అ

ధిక రక్తపోటు) నివారణ, నియంత్రణ కోసం ఈ సంస్థ పలు ముందు జాగ్రత్త చర్యలు తీసుకుంటూ వుంటుంది. మియాట్ ఆసుపత్రిలోని నెఫ్రాలజీ విభాగంలో సీనియర్ వైద్యులుగా పనిచేస్తున్న డాక్టర్ రాజన్ రవిచంద్రన్ అధిక రక్తపోటు నియంత్రణలో జరిపిన విశేష కృషికి గుర్తింపుగా అవార్డు అందజేస్తున్నట్లు డబ్ల్యూహెచ్ఎల్ ఒక ప్రకటనలో తెలిపింది.



# மக்கள் குரல்

27-3-2014



உலக ஹைப்பர் டென்சன் லீக்கின் சார்பில் ராஜன் ரவிச்சந்திரனுக்கு டபிள்யூ. எச்.எல்.டயட்டரி சால்ட் எனும் உயரிய விருதினை வழங்கி கவுரவித்தனர். இவர் மியாட் மருத்துவமனையின் சிறுநீரகவியல் துறையின் இயக்குனராக உள்ளார்.

12 - 18 Apr, 2014



Dr Rajan Ravichandran

## Award for doctor

### TALK TEAM

The World Hypertension League (WHL) selected Dr Rajan Ravichandran for the 2014 WHL Notable achievement in Dietary Salt Reduction Award. He is the director of MIOT Institute of Nephrology in MIOT Hospitals and the founder chairman of Sapiens Health Foundation. Dr Rajan has been championing the cause for low salt intake. For details, contact 24470308 / 9840375892.